

NEWS-October 2008

This is the first in a series of articles on Animal Communication that I have planned for the future.

It is a wonderful story regarding an “enlightened” human being, not to mention an animal loving human being, who cared enough to get an animal communicator/energy healer to prepare, accompany and integrate a kitten, not only into a new family, but into a new country!

Jane contacted me at the end of April to request that I chat to her new kitten named Outback Jack. This 4 month old kitten was being brought all the way from Australia to South Africa.

He was to travel the very long journey all on his own. This included 2 flights, an overnight stay in boarding kennels, an examination by the state Vet(it is done at the airport before the animals are released to the humans) , a night with friends in Johannesburg, a ride to Durban by car and finally integration with his new human and feline family. All this was to happen over 3 days and nights!

Jane sent me an itinerary indicating Outback Jack’s journey and this is how the conversations went:

The itinerary:

An hour long trip from his home to Brisbane.

Flight Brisbane to Sydney.

Overnight Sydney.

Flight Sydney to Johannesburg.

Examination by the State Vet.

Overnight in Johannesburg.

To Durban by car with new mom.

Meet and greet his new family.

Reading prior to the flight:

What a beautiful boy he is. At present I see an enclosure and 2 cats, one of them Outback Jack, playing together. He no longer appears to be with his mom. Outback Jack hasn’t a clue about his upcoming journey and separation from his cat friend. He does know that he is a special boy and will get to keep his gonads as a result of his specialness.

Jane, I need to know exactly when he leaves his present home SA time and then also be one of the first to know when you pick him up. I will check on him twice per day whilst in transit.

This connection will not be to have long chats but rather to check that he is OK and mostly to treat him using distance healing.

I have explained that he will be leaving his home and that he will be traveling far. Also the fact that he will mostly be on his own and rather than call, he should stay calm, sleep lots, enjoy his food and look forward to meeting his wonderful new family.

Please provide specifics of who will be coming to greet him, where he will be going and who (human or animal) his new family will be.

Day 1 of Outback Jack's journey

Poor little Outback Jack is feeling scared and lonely. I have chatted with him, done some healing and explained the plans. His little heart is feeling ever so sad. This of course made me cry, so I can just imagine how all 3 moms, ex and upcoming, must be feeling. I will connect regularly today and tomorrow. He absorbed the healing like a sponge and seemed much more relaxed once this was done. I will keep you posted.

Please make sure that you have Rescue drops at the airport when you fetch him. Apply 2 drops to the inner side of each ear (on the skin, not in the ear canal) twice daily for 3 days until he has settled in. The first application should be as soon as possible once he has arrived in Johannesburg.

Later in the day

Little Outback Jack seems far more settled this afternoon. Don't feel too bad; in the greater scheme of things, new gene pools are good and really needed.

I will check again later.

Day 2

Outback Jack is still OK. Just stressed and tired. Healing done. I will be teaching all day but I will check for SMS's at tea and lunch time. Have a safe journey.

My conversations with Outback Jack included safety tips like stay in your carrier NO MATTER WHAT, keep your head facing inwards as this will reduce noise and mostly, know that after this journey, you will be treated like the precious cat that you are. I did not engage in lengthy non-sensical conversation with him as it seemed inappropriate.

The distance healing consisted of Reiki and Quantum Touch treatments. His Chakra's were checked prior to each conversation. A body scan was carried out to ensure that he was physically well.

From my perspective, whilst in Outback Jack's carrier, I can tell you that the hold of a plane is dark and rather noisy, that most people handle the animals with great care and when they did not, a fellow worker corrected the action. The one single factor that distressed him most was the

extreme amount of noise both on and off the flight. Needless to say, he arrived in Johannesburg safely and soundly.

The visit by the State Vet was, according to Jane, painless as was the evening stay friends in Johannesburg.

What I, as an animal communicator, had neglected to do was to prepare him for the 5 hour car ride to Durban. You see, I allowed my own human filters to interfere with the process and compared the stress of the flight etc with a car ride. Since Outback Jack had not been prepared for the journey, Jane found him unsettled. His new mom said that he was nervous of the radio which they turned off as he didn't like it and he seemed quite distressed at another journey. Let that be a lesson to me! An oversight that will be remembered by me.

Outback Jack's integration with his human and animal family went smoothly and his happy mom reported that Outback Jack was a real hit and did not only settle in well but was immediately accepted into the multi-cat family.

I asked Jane to comment from a human guardian's perspective. This is what she had to say:

When Debbie agreed to communicate with Jack before, during and after his long flight it was a huge relief as I felt it was the most positive thing that could be done to prepare him for the ordeal that was ahead of him. I felt very emotional and tearful when she reported how sad and lonely he was whilst staying overnight in Sydney but was relieved that he had been prepared for what was happening to him. It was also comforting to know that she was checking in with him during that long flight. As it started coming to an end she was able to tell him that it was not going to be for much longer. He kept telling her how stressed and tired he was.

When we first saw him at O.R. Tambo Airport he was still in his carrier waiting for clearance from the State Vet and we were not allowed to touch him. He was sitting at the back of the carrier, trembling. I sms'd Debbie to tell her we had had our first sight of him and that he was not a happy boy. By the time he had been cleared and we were able to take him to the car and get him out of his carrier he was a totally different cat. He was purring his little heart out and just wanted all the physical contact he could have with us. He spread his paws out as much as he could whilst touching us as though the more contact his whole body could have with us the more of a comfort it was to him.

We stayed overnight with friends in Johannesburg and he came and stretched out on the bed – again wanting lots of physical contact – and just purred and purred and purred. He was quite restless all night. He was very thirsty and hungry – although he had access to water in his carrier he appeared to have drunk very little of it. His breeder had told me he loved cooked chicken which is what he ate the most of and we could hear him drinking many times during the night. Debbie sms'd me whilst we were still at the airport and told me to apply the Rescue drops to his ears 2 hourly for the first 24 hours – it made such a difference. When we got home the next day I isolated him and when my daughter came home she went straight in to see him. What a greeting she got from this baby who just purred and rubbed against her non stop. He knew he was home!!

He settled so quickly into our home and very quickly found the comfort of stretching out in my bed under the blankets on a cold Hilton winter night. The most amazing relationship of all is his one with Charlotte, my 8 year old, very dominant matriarch. She cleans him and plays with him in a very undignified way – it is an absolute delight to watch them. If she would only treat some of the other feline members of our household the same way it would be a lot more peaceful.

He still hates noise and becomes stressed by it. He will usually bury himself under his blanket or doughnut to escape. At shows if he becomes too hot he will just tuck his head under the blanket to avoid what is going on. We always use Rescue on his ears to help him cope. He is the gentlest, sweetest baby & loves playing in the cat proofed garden but sadly is rapidly becoming a big boy and is starting to spray every where. I am dreading the day I have to put him in his run but cannot have my house smelling of boy cat urine.

I really do feel that preparing him for what was going to happen to him and for where he was going made a huge difference to his settling down and easily as he has. He has grown like a weed and is just a very precious boy. There is always a sort of relief about him if he has been to a show or the vet and he gets home and checks that he is still in the same place

I am at present communicating with both dogs and cats that are spending many months in quarantine in South Africa before being sent to other countries where they will spend another month in quarantine before being united with their families.

The process of relocating home is stressful in itself. Can you imagine how stressed animals are when they do not understand the why's and wherefore's regarding this relocation?

Please do prepare your animals for change, any change, by informing them of your plans for them. Remember these sentient beings do understand us and the bond between human and animal will be further strengthened when this courtesy and respect is shown towards them.