

DECEMBER 2009 : NEWSLETTER

I do trust that you are enjoying the silly season.

Most people are fortunate to be on leave and doing the things they seldom have time for in the year.

Others sadly are not having a festive time as illness and accidents mar their festive spirit. Please keep safe and look after yourselves and your animal friends.

Due to the amount of terminally ill animal patients that I have in my practice at present, I have decided to write a few lines on the subject of coping with terminally ill animals and their inevitable death.

There is frequently extreme stress and often indecision involved when one has a sick pet. Do I keep him/her going or do I agree to euthanasia? This is one of the questions that need to be asked. This is a very difficult decision to make and knowing what your pet wants will certainly help you to act in your pet's best interest.

Animal communicators can help in this regard. Not only will you be doing what your pet requests but you will also be able to make a guilt free decision either way. Always take note of your vets opinion and ask as many questions as you need. It is absolutely essential to keep your pet comfortable no matter what the circumstances are. Animals frequently tell me that they find their humans extreme sadness disturbing. Remember be brave for your animals sake. They understand your sadness but the process is theirs. Respect that.

The animal communicator will also be able to ask questions like ... If you want to be euthanased, who do you want must be with you? Which vet are you comfortable with? Do you want to end your life at the vet's rooms or in your own home? If the pet wants to be euthanased at home, look until you find a vet that will come to your home. There are many compassionate people around that would gladly oblige.

Over the years, I have found that other family pets cope far better with their loss if they are told what is about to happen and if they are allowed to see and smell the passed over pet.

Please do not rush into anything and allow yourself and your other pets time to say goodbye and to grieve. Keep the pets toys, bowls and other mementoes visible as this will assist you through the process.

It is usual to go into times of denial, isolation, bargaining, anger, depression and acceptance. This process can take many months. The final stage of mourning is re-investment. This is when you are able to get another animal to share your life with.

Understand that there are still humans out there who do not understand the close bond that exists between some humans and their beloved pets. Ignore or discount remarks made by these people as they truly do not understand.

Animals also grieve if they lose a friend or loved one; please bear this in mind. They need comfort and assurance as much as humans do. Communication and healing can help them through this difficult time.

There are many homeopathic remedies available to assist both humans and animals deal with their sadness. The homeopathic remedy Ignatia assists the grieving process and the Bach Flower Remedies, Honey suckle or Star of Bethlehem, work really well at this time. Use them freely. Time will do the rest.

LOVE AND LIGHT

Debbie