

## **MAY 2010 NEWSLETTER**

This month I would like to share a few “do’s and don’ts” regarding animal communication with you. This world of communication is such an exciting world yet equally frustrating as so many humans still cannot grasp the concept and many that do understand it, don’t use it.

The points mentioned below are by no manner or means exhaustive, but baby steps are always good.

### **DO NOT ...**

1. Use your animal’s name as a reprimand. “Max” shouted out loud does not tell the animal what it should or should not be doing.
2. Reassure your animals. This makes them wonder what they should be worrying about.
3. Think that they are stupid or cannot understand. Animals are telepathic; hence they can read your mind and understand your thoughts.
4. Break a promise. If you have offered the animal a treat, make sure it gets it. If you have said that you will be home by a specific time and can’t make it, just focus on the animal and tell them that you will be late or are delayed.

### **DO...**

1. Consciously speak to them in a positive way and ensure that you see the picture in your head. NOT “stop jumping” ... rather “keep down” or “keep four paws on the ground”.
2. If you are going away, tell them how many dark nights you will be gone. Where they will stay, who will care for them and very importantly, that you will be safe and will be returning to them.
3. Consider their feelings when getting an addition to the household. Prepare them and even get them to choose the new animal’s name. Or if a baby, allow them to smell a used blanket or some item of clothing or even the new baby. Include them in the excitement of the new arrival. If it’s an animal addition, always greet and feed the older “family” members first.
4. Allow the animals to sort out issues of dominance in their own way. Just observe and only intervene if absolutely needed.
5. Enjoy them, respect them and love them. Their lives are short and love unconditional.

Should you require further information on this cleansing process, you may wish to contact me on 021 790 1340 or 083 558 2555.

Please email [info@zeropointhealing.co.za](mailto:info@zeropointhealing.co.za) with suggestions about topics you’d like me to cover in future newsletters.

**LOVE AND LIGHT**  
**Debbie**