

## **AUGUST 2011 NEWS: ANIMAL HEALING**

Well, I suppose rather late than never. My apologies to those who await my newsletter updates. Life just seems to run away from me and you too I expect.

This newsletter is being focussed on animal healing as most of my readers are interested in this subject.

The foundation of animal work is always understanding what the animal wants, hence animal communication. Thereafter, using Kinesiology, I ascertain their level of health both physically and energetically. It is at this time that a vet's opinion is always appreciated and useful. Since holistic animal care is never to be seen as a replacement to veterinary care, I certainly know that it is a wonderful compliment to allopathic medicine.

Once I have communicated with the animal, gone deep into their bodies, sensed illness, areas of pain and sometimes even conditions that have not yet manifested, I am able to focus on the emotions that could cause dis-ease and on the general condition of the non-physical body which consists of the Chakras, Auras and Meridians. For those people that are not familiar with these energy bodies, they are simply energy centres that affect the physical systems in the body. Chakras affect the endocrine system and organs, Meridians the nervous system and the Aura's health affects the entire physical being. This ancient healing system has been around for more than 5000 years and both the Indians and Chinese continue using it as a primary healing focus.

I have long ago realised that both the physical and the non-physical bodies need to be kept healthy in order to experience general wellbeing physically, emotionally and mentally.

Many of our beloved animal companions are affected by our own emotions. They feel sad when we are, they grieve when we do and fortunately they also experience our positive emotions. Thank goodness for that! These emotions, which become blocked energies, often relate to unsociable behaviour, eating disorders and physical illness.

You may wonder how we, as energy healers, access this information? The animals often share this information with us but we also use a tool called Kinesiology to tap into the animal's cellular memory to access stuck emotions. Kinesiology is also called muscle testing. To do Kinesiology on an animal, the therapist can either use a surrogate, such as a human, their own energy circuits or a pendulum to do the testing on the animal. Kinesiology is easy to learn and even easier to use.

Once the issue and condition of the non-physical body has been ascertained, the therapist can then make use of the many healing modalities available to balance the non-physical body, remove blocked emotions and even ascertain which supplements, diet and healing modalities would further assist the animal concerned.

It is important to remember that both physical and emotional conditions can and are successfully remedied in this manner.

Animals respond well to Reiki, Quantum Touch, Crystal Therapy, Colour Therapy, Emotional Freedom Technique, Flower and Tree Essences, Homeopathy, Acupuncture, Chiropractic Care and even Massage to name but a few healing modalities.

And with the use of Kinesiology, the practitioner can ascertain exactly which modality would best suit each individual animal.

Most energy healing / animal communication practitioners can work either hands on or via remote healing.

Yes, sure ... it does sound a bit “wacky” or “woo-woo” but it works! The results speak for themselves.

Please do consider energy work for your beloved pet. They are our best friends and certainly deserve the best care available.

### **LOVE, LIGHT & LAUGHTER**

#### **Debbie**

Debbie works as an energy healer and animal communicator. She teaches Reiki, Quantum Touch, Intuition courses and Animal Communication for both adults and children.

(Please email [info@zeropointhealing.co.za](mailto:info@zeropointhealing.co.za) with suggestions about topics you'd like her to cover in future newsletters.)