

MAY 2012 NEWS

Well May has come and gone and heaven alone knows where it went. Life seems to be crazily busy for all of us. It seems to me as if living in the Aquarian Age is not for sissies.

Being my birthday month; a month where over the last years (30+) I have always felt unsettled. This one was no different. What it did bring was answers to unanswered questions and closure on other issues. Of course birthdays are inclined to be times of renewal of cycles and therefore closure of others.

In May I was blessed to experience another trip to Mozambique to swim with the Dolphins. A dear friend was having a wedding anniversary and this led to me organising another retreat hot on the heels of the March retreat. Now, for those that know me well, you would understand the passion behind my work but marketing events is my weak point so I always take mega strain to get organised in this regard. I desperately wanted my friend Libby, a magical healer of note, to join me on this retreat. Sadly the budget did not allow but I trust this will happen another time.

So off I went with 6 women and 1 brave man. From the moment we met at King Shaka International Airport in Durban, I knew that all would work out perfectly. What an amazing group of people! Despite many of us being very different in so many ways, we jelled and relaxed into the 6 days that lay ahead. We stayed at the now familiar O Lar Do Ouro Guest Lodge, Ponta Do Ouro's little place of magic, where we once again were treated like royalty. Guys and Girls, take note ... this lodge and its people are amazing!

Our swims with the Dolphins surpassed any that I have ever experienced ... yay! The new legislation of only 2 registered Dolphin dive companies and the strict adherence to code of conduct is finally paying off. The Dolphins seem to be relaxed and yes, inviting. Angie Gullan, the Dolphin lady from Dolphin Encountours, was like a child on the boat. Her face brimming excitement and joy. This woman is a veteran in this field and to see that amount of excitement on HER face was like tonic to the Soul.

So, on my birthday, I and everyone else, got to swim for the first time ever with Spinner and Spotted Dolphins. For those that don't know, this is an amazing gift as the deep water Dolphins are not generally friendly and normally just swim away if humans enter the water BUT ... they chose to stay and interact. Thank you to these magical beings. I really love and appreciate you for allowing us this privilege. And thanks to the Bottlenose Dolphins for "telling" them that we are peaceful and respectful and therefore can be trusted.

Once we were all safely back on board, I had all my guests and the staff of Dolphin Encountours sing happy birthday to me. Now, I had not told anyone that it was my birthday but Facebook seems to give us away. Of course I later found out that other people knew it was my birthday so once back on land, I was further spoilt with gifts and wishes which left me feeling really blessed. All in all it was a magical day. Thank you everyone for the sms's, calls and wishes.

Then there was the "small" issue of the lady who had not informed me that she could not swim. So on our first day, my guest Karen, who just happens to be a swimming instructor, took her into the swimming pool to teach her how to swim. Then into the sea (shallow water) to learn how to snorkel with the Dolphin Encountour staff. The following day onto the boat with life jacket and onto the ocean. What this poor woman did not know was that she had a fear of being on boats and this led to a rather dramatic anxiety attack. All I can say is thank you to all my guests, the crew and most of all to our skipper, Mitchel, who went from hardcore to therapist, then hardcore therapist and hence

instilled a level of confidence in this woman that allowed her to return into this fear-filled experience each and every day until the very end. Well done Marion, you are a star! To Mitchel, Angie and Diana ... you are amazing beings. Thank you very much!

As an animal communicator, I obviously just cannot enter the water, or for that matter be on the boat, without speaking to the Dolphins. Verbal interaction started before even entering the water. These beings “know” about us and know about all aspects of the human race. The fact that they still choose to grace us with their presence astounds me. Due to my concern about my non-swimming anxious guest (of course all my issue, as the staff of Dolphin Encountours were in full control of her and her safety), I was not able to get quality communication but on the last day we once again experienced the unimaginable ... 6 male Dolphins choosing to swim with us.

I was totally blown away. Their messaging was clear, some personal, some not. Their biggest concern is the cleanliness of the ocean. They totally rely on us to ensure the ocean is well preserved and cared for. PLEASE, PLEASE, I ask each and everyone reading this newsletter not to purchase shells that are bright and shiny. Some poor creature was prised out of there and killed so that you can enjoy the shell, that you don't eat prawns that are not cultivated prawns. The by-catch is horrific and you are supporting it, that you only eat fish on the green list and lastly that you never ever, ever litter. Somehow a lot of litter enters our oceans and animals, fish and crustaceans die because of our litter.

And so the retreat unfolded into a magic filled 6 days. Once back in Cape Town, it took days before I was able to settle down into some form of normality ... (whatever that is!).

I could write so much more about this wonderful experience but life is busy and I am pretty sure you all have work to do.

I would, however, like to thank all my retreat guests for the love, caring and compassion shown towards myself and others whilst on this retreat. John, you were a gem and I loved having a guy on retreat.

Contact details of the many people who touched my life around this retreat:

- O Lar Do Ouro Guest Lodge - www.pontadoouro.com
- Dolphin Encountours - www.dolphin-encountours.co.za / www.dolphincare.org
- Libby Lloyd - Quantum Touch, Body Talk, Massage and Reiki Therapist ... lloyd-s@iafrica.com
- Karen and John Harding - Wild Olive Guest Farm ... www.wildoliveguestfarm.co.za
- Kathy - “Rockchic” for gems, minerals and beads ... www.rockchic.co.za
- Vlada Meyer - Shaman and Animal Communicator ... vladameyer@gmail.com
- Lynne Wright - Life Coach, Pranic Healer and Reiki Practitioner ... lynnewright@telkomsa.net
- Marion Edwards - Psychologist, Healer, Angel Therapist and Teacher ... marillion@iburst.co.za
- Linda Squair - Angel Therapist and Teacher ... info@bioflowsa.com

Love and light
Debbie