

DECEMBER 2014 NEWSLETTER

To my students, patients, clients, friends and family ... I thank you all for the continued support this year. Each and every one of you has blessed me with teachings and insight into myself and my own life.

This year has been considerably more gentle than the last few years and this is in spite of my beloved Soxy cat going blind and my sweet Crystal becoming ill and needing surgery, not to mention my mom's difficulty in adjusting to the changes in her life. My lessons have been many and hopefully spiritual growth has accompanied these lessons.

Two sayings have impressed themselves on me this year. First is ... "say sorry" or "I forgive" or "please forgive me". My understanding of this is ... you are right, I am wrong or vice versa. I am doing all that I can to avoid this ego trip. Of course I sometimes manage; sometimes not. The human-ness of us continues to fascinate me. And the second is ... "be firm on the issue and soft on the person". I have seen how we, and I, continue to be harsh on people and in fact the issue gets lost in all of this. I keep focussing on these two new found teachings and look forward to the day when I say I have mastered this. In the meantime, I remain aware.

This year I have developed a programme called "THE PATH" which I have loved experiencing with others (see attached below). The change and growth has been recognisable and huge. Thank you to those of you who participated and grew. I also took Animal Communication teachings 'on-line' (see below what my latest student had to say).

This coming year brings courses, retreats and something new which will be "Talks with the Vet". This will be a series of talks with an experienced Vet who will educate us on common animal ailments, treatments and so, so much more. Educating ourselves is vitally important but balance is key.

I wish you all a gentle yet exciting festive season. Keep safe, happy and well.

Blessings and love
Debbie

Animal Communication Module 1 and 2 on-line course ... testimonial from Debbie's latest student:

"My experience during the online course for Animal Communication Module 1 and 2 with you has been profoundly enriching. I found the course material extensive, helpful and mostly self-explanatory. Where something needed explanation or where I needed help, you were always quick to elaborate or point me in the right direction for my own research. The course material covered many different aspects of animal communication which helped see this practice from different angles. You have been most kind and encouraging in the way you guided me and let me work at my own pace; neither rushing nor hindering me. I really do not have any comments to make with regards to anything lacking. Thank you again for this wonderful experience."



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THE PATH

**A personalized healing program to assist
healing and growth on all levels.**

This 6 session program will focus on getting you and your life on THE PATH of self-awareness and growth.

Each 3 hour session will cover physical, non-physical, emotional, mental and spiritual healing.

The program works best if followed weekly and must be completed within 10 weeks.

Cost is R5000-00. This amount needs to be paid upfront to assist disciplined attendance.

It is highly recommended for persons grappling with issues from the past which now affect one's daily life.

Love and light
Debbie