

OCTOBER – NOVEMBER 2014 NEWSLETTER

I started my August – September Newsletter with talk regarding duality and this is what my life has been of late.

After the magic of the Whales and Dolphins, came the stark reality of my mom's pending move into a smaller home. This transition created a huge amount of stress and sadness for my mom, my sisters and I; nothing flowed and again I was reminded of Mike Dooley's saying, "What you most resist will persist", and also, "Energy follows thought." Of course this Natural Law of the Universe has again and again proved itself correct!

However, eventually my mom became strong again, my sisters bounced back as much as any being ever can and I came back to Cape Town to face decision making regarding my cat Crystal's health. She, like my mom, are both stubborn to a fault; of course no mirror to myself ... ☺, so we went into negotiation regarding her lack of health and the path forward. Crystal is 12 years old, a sweetie of note, but a year ago she was diagnosed with hyperthyroidism and placed onto medication to control the thyroid functions. Some months later, she had 2 growths on the thyroid and her body was shrinking in size in front of my eyes; I am talking skin and bones. After blood tests, scans and specialist consultations, I was advised that she should have surgery to remove the thyroid and growths. Now under normal circumstances, I would not skip a beat but I have, in my relatively small healing practice, had no less than 4 cat-patients dying soon after this exact surgery!

Well, long and short of things, as this is year-end and no one has time to read lengthy newsletters, Crystal finally agreed to surgery. It was successful and she really did well until complications set in on day 4. This complication has to do with the parathyroid glands that became stressed or damaged as a result of surgery. This happened, so calcium levels were affected and we needed to start medication which sadly was the bait I used in order to persuade her to have surgery ... no more medication! Bloods were up and down, Crystal was ill, vomiting, diarrhoea, listless and not wanting to eat. For a few weeks we all really struggled and then I realised why those 4 cats had possibly died. My medical knowledge, constant presence and observation of her condition was the one thing that made me insist on more frequent blood tests and extra intravenous or sub-cutaneous fluids. This plan panned out and now Crystal is looking well, gaining weight, eating and is chatting away. Her blood still needs checking and she still gets medication every 3rd day. Few people know that low calcium can cause heart failure and high calcium can cause the kidneys to fail. I mention this as most people think that calcium gives us strong bones, which it does, BUT it does much, much more.

The reason for this long story? ... most of us don't have medical knowledge but there is this thing called Doctor Google. I ask that everyone reading this newsletter educate yourselves on conditions that both you and your beloved pets may experience. Always err on the side of caution and never feel that your questions are silly. They could be the one thing that saves your animals life.

Finally, I wish to thank my friends who walked this difficult path with me, the animal communicators and healers who were ever present and then my loving friends who were simply there with kind words and love. To my friend David who donated funds towards Crystals vet bills (now standing at R25 000 plus) and all those that I have not mentioned, I cannot begin to say how much I appreciate the support.

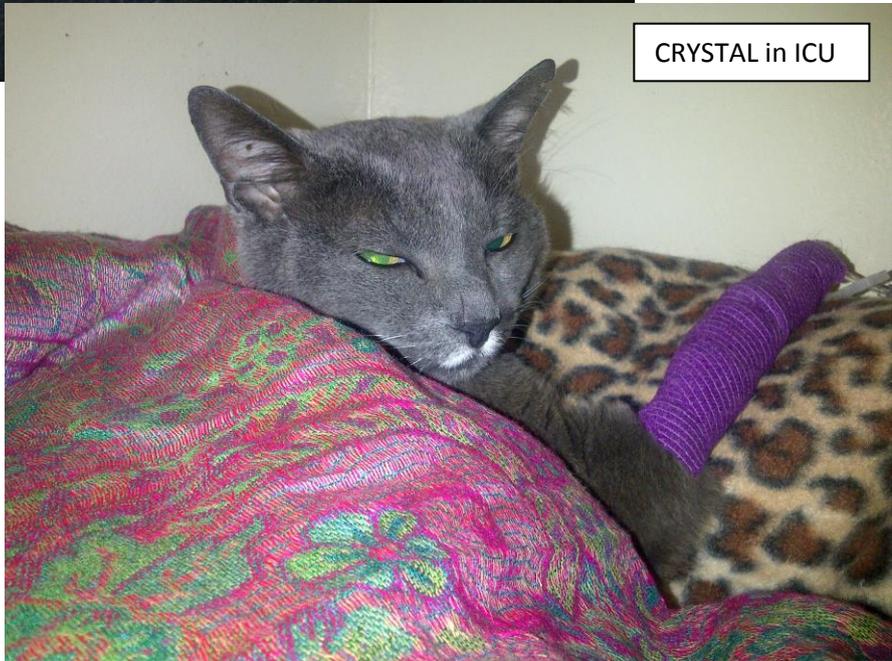
May you all be blessed with good health and healthy fur-children.

Love and light
Debbie

CRYSTAL fresh out of surgery



CRYSTAL in ICU



CRYSTAL at home recovering next to the Far Infrared Dome